

SEASCAPES

BeachHouse



APPETIZERS

- House Made Kettle Chips (250 cal)** 2.69
Ranch Dressing
- Coastal Guacamole (320 cal)** 4.49
Ancho Shrimp, Fire Roasted Salsa, Tortilla chips
- Seascapes Wings 6/12 (450/890 cal)** 6.99/11.99
Buffalo, Caribbean Jerk, BBQ or Garlic Lime/Ranch or Bleu Cheese
- Plantain Chips (320 cal)** 3.49
Roasted Garlic Aioli

SMALL PLATES

- Chicken Tender Basket (680 cal)** 5.69
BBQ or Honey Mustard / Side
- Seascapes Quesadilla (750 cal)** 6.29
Grilled or Blackened Chicken, Jack, Cheddar, Pico, Sour Cream
- Popcorn Shrimp Basket (970 cal)** 8.39
Remoulade or Tartar Sauce / Side
- Chipotle Shrimp Quesadilla (700 cal)** 7.39
Crispy Tortilla Filled with Chipotle Shrimp, Cheddar Cheese and Pico de Gallo

FAVORITES

***Includes One Choice: Kettle Chips/
Tropical Peanut Slaw / Roasted Corn Sweet Potato Salad**

- Mahi Mahi Wrap (340 cal)** 8.49
Jerk Marinated Grilled Mahi, Red Onion, Artisan Greens, Grilled Pineapple Salsa, Jalapeno Tortilla
- Bay Side Fish Tacos (230 cal)** 8.39
Two Flour Tortillas, Grilled Mahi, Jalapeno Slaw, Watermelon Salsa, Cilantro Lime Crema, Flour Tortillas
- *Shrimp Po'boy (590 cal)** 8.39
Fried Shrimp, Tomatoes, Lettuce, Key Lime Tartar Sauce
- Beer Battered Fish'n Chips (860 cal)** 8.39
Fresh Cod / Key Lime Tartar Sauce / Side

2000 calories a day are used for general nutritional advice, but calorie needs vary.
Additional nutritional information available upon request.





ON A ROLL

Includes One Choice: Kettle Chips
Tropical Peanut Slaw / Roasted Corn Sweet Potato Salad

- Grilled Malibu Sandwich (470 cal) 7.79**
Grilled Chicken, Ham, Swiss, Sliced Pineapple, Teriyaki Sauce
- Seascapes Cheeseburger (490 cal) 7.19**
Angus Patty, Lettuce, Tomato, Onion, Pickles, Cheese
- Club (580 cal) 7.19**
Turkey, Ham, Bacon, Swiss, American, Lettuce, Tomato, Mayo
- Smoked Turkey (580 cal) 7.69**
Roasted Peppers, Provolone, Lettuce, Tomato, Ranch On Ciabatta

TASTY GREENS

- Mahi Mahi (220 cal) 8.49**
Grilled Mahi Mahi, Field Greens, Tomato, Cucumber, Sweet Chili Glaze
- Asian Salmon (280 cal) 8.39**
Grilled Salmon, Field Greens, Edamame, Sesame Ginger Dressing
- Kale Chicken Caesar (330 cal) 7.89**
Grilled Chicken, Romaine, Kale, Shaved Parmesan, Croutons, Caesar Dressing

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REFRESHMENTS

Beverages have variable calories

FOUNTAIN Medium 1.69 • Large 2.29

BOTTLED BEVERAGES

- Water 1.89
- Juice 2.49
- PowerAde 2.49
- Soda 2.49
- Tea 2.49
- Lemonade 3.09
- Energy 3.69

BOTTLED BEER

- Domestic 4.49
- Import 5.09
- Craft 5.99

WINE

- Red or White 4.29

SNACKS

- Tropical Peanut Slaw (40 cal) 1.99
- Roasted Corn Sweet Potato Salad (110 cal) 1.99
- Assorted Chips 1.25
- Craveworthy Cookies 1.99

KIDS

- Grilled Cheese & Turkey (360 cal) 5.29
- Chicken Peach Wrap (420 Cal) 6.29

Includes entrée, whole fruit, 2% milk



No substitutions